

03. Developing counselling skills for TB care-givers in one day

**THE 46TH UNION
WORLD CONFERENCE
ON LUNG HEALTH**

CAPE TOWN, SOUTH AFRICA
2-6 DECEMBER 2015

Wednesday, 02 December 2015, 09:00 - 16:00

Room MR 2.40

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| Type of session | Workshop |
| Track | Patient-centred care |
| Track2 (optional) | Civil society / patient & community engagement |
| Organised by | World Vision |
| Duration | Full-day9-16H |
| Max attendees | 60 |
| Meeting type | Open meeting |
| Description | Counselling is a critical component of effective TB care. World Vision's one-day workshop will aim to enhance the counselling knowledge and skills of the TB caregivers within the framework of the Cough-to-Cure pathway, which should help in early case detection, early treatment initiation, treatment adherence and successful treatment completion. The workshop will also equip participants with specialised counselling techniques and tools for patients with drug-resistant TB, TB/HIV co-infection, TB/diabetes and paediatric TB, as well as those who have repeatedly not completed their treatment. Measuring the effectiveness of counselling will also be covered. |
| Target audience | <ol style="list-style-type: none"> 1. Counsellors, DOT providers, treatment supervisors, lab technicians, doctors, nurses 2. TB & HIV programme managers, CSOs working in TB & HIV, cured TB patients, PLHIV 3. Policy-makers and representatives of MoH (NTP & NACP) |
| Objectives | <ol style="list-style-type: none"> 1. To provide an overview of counselling in TB care and control 2. To demonstrate how counselling skills help to achieve objectives at different stages of the Cough-to-Cure pathway 3. To sharpen IPC, negotiation, time-management, conflict-resolution and team-building skills for counselling 4. To equip participants with counselling methodologies and tools for special situations (DR-TB, TB/HIV, etc.) 5. To orient participants on the methodologies and tools to measure effectiveness of counselling in TB |
| Expected outcome | By the end of this workshop, the participants will 1)develop clear understanding of various counselling techniques, tools and methodologies within the framework of the Cough-to-Cure pathway; 2)be equipped with various soft-skills necessary for providing effective counselling to TB patients, their families and vulnerable communities; 3)understand special needs and learn about necessary skills for patients with drug-resistant TB, TB/HIV co-infection, TB/diabetes, paediatric TB and persons who have repeatedly not completed treatment to ensure successful treatment outcomes; and 4) be able to measure effectiveness of their TB counselling services. |
| Keywords | Cough-to-Cure pathway; TB counselling; measuring effectiveness of TB counselling |
| Coordinator(s) | Sugata Mukhopadhyay (India), Gagik Karapetyan (USA) |
| Chair(s) | Dennis Thuralayil Cherian (USA), Sushma Cornelius (India) |
| Presentations | <ol style="list-style-type: none"> 1. A brief description of the Cough-to-Cure pathway: different stages of the pathway, objectives of each stage Dennis Thuralayil Cherian (USA) 2. What is counselling? Various types of counselling and the essential skills needed to be an effective counsellor Tina Monique James (India) 3. The roles of counselling and other types of TB caregiver at each stage of the 'Cough-to-Cure' pathway Sugata Mukhopadhyay (India) 4. Counselling tools adopted in the TB programmes of World Vision India Sugata Mukhopadhyay (India), Sushma Cornelius (India) 5. Building counselling skills: communication and time management Tina Monique James (India), Jeannette Ulate (Canada) 6. Building counselling skills: negotiation and conflict resolution Sushma Cornelius (India), Gagik Karapetyan (USA) 7. Building counselling skills: team building and coordination Dennis Thuralayil Cherian (USA), Jeannette Ulate (Canada) 8. Enhancing counselling skills to meet the special needs of patients with DR-TB, TB/HIV and TB/diabetes Sugata Mukhopadhyay (India), Gagik Karapetyan (USA) 9. Enhancing counselling skills to meet the special needs of patients with paediatric TB and those who repeatedly have not completed treatment Dennis Thuralayil Cherian (USA), Blesson Samuel (India) 10. How to measure the effectiveness of your counselling services: methodologies and tools Sugata Mukhopadhyay (India), Blesson Samuel (India) |